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Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Revised February 2019 Page 1 of 3

Total Poptn of Region: 4,689,302Source: PSAEstimated No. of PS: 0-59 months old2/ 547,148
Year OPT Plus: 2020Actual No. of PS measured: 0-59 months old 492,1690 -71 months old: 494,571
Region: XCY 2019Prevalence Rate UW + SUW1/: 3.6%Percent OPT Plus Coverage: 0-59 months old 90.0%
Total # of LGUs: 140-59 mos.: 3.2%# Indigenous PS measured: 0-59 months old 615970 -71 months old: 341
Total # of LGUs with OPT Plus Results/Total # of LGUs: 100.0%Indigenous Group/s: (Please specify) Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Subane

Age Group (1)	Weight for Age Status											Total, by age group							
	Normal (N)		Underweight (UW)		Sev. Underwt (SUW)		Overweight (OW)		TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev (%)	No	Prev (%)	No	Prev	No	Prev (%)
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)
0-5 months (R1)	23,054	21,921	248	165	101	70	830	764	24,233	22,920	47,153	44,975	95.4	413	0.9	171	0.4	1594	3.4
6-11 months (R2)	22,077	21,021	479	353	158	108	243	228	22,957	21,710	44,667	43,098	96.5	832	1.9	266	0.6	471	1.1
12-23 months (R3)	47,368	45,000	1,361	981	357	249	417	394	49,503	46,624	96,127	92,368	96.1	2342	2.4	606	0.6	811	0.8
24-35 months (R4)	49,268	46,428	1,621	1,345	356	302	287	246	51,532	48,321	99,853	95,696	95.8	2966	3.0	658	0.7	533	0.5
36-47 months (R5)	50,301	47,229	1,671	1,660	323	347	264	193	52,559	49,429	101,988	97,530	95.6	3331	3.3	670	0.7	457	0.4
48-59 months (R6)	50,868	47,345	1,565	1,517	324	327	270	165	53,027	49,354	102,381	98,213	95.9	3082	3.0	651	0.6	435	0.4
60-71 months (R7)	995	1,024	182	107	44	44	5	1	1,226	1,176	2,402	2,019	84.1	289	12.0	88	3.7	6	0.2
Total (R8)																			
0-59 mos	242,936	228,944	6,945	6,021	1,619	1,403	2,311	1,990	253,811	238,358	492,169	471,880		12,966		3,022		4,301	
0-71 mos	243,931	229,968	7,127	6,128	1,663	1,447	2,316	1,991	255,037	239,534	494,571	473,899		13,255		3,110		4,307	
Prev (%) (R9)																			
0-59 mos	95.7	96.1	2.7	2.5	0.6	0.6	0.9	0.8	51.6	48.4			95.9		2.6		0.6		0.9
0-71 mos	95.6	96.0	2.8	2.6	0.7	0.6	0.9	0.8	51.6	48.4			95.8		2.7		0.6		0.9

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R8) - refers to the sum of preschoolers by nutritional status for children 0-59 months and 0-71 months; c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos. & 0-71 mos.

1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 10.714% x Total Population

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

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Regional Nutrition Program Coordinator, NNC Region X

Date: 29-Dec-20

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OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Revised February 2019 Page 2 of 3

Total Popn of Region: 4,689,302 Source/Yr: PSA Estimated No. of PS: 0-59 months old^{2/} 547,148
Year OPT Plus: 2020 Actual No. of PS measured: 0-59 months old 492,169 0-71 months old: 494,569
Region: X CY 2019 Prevalence Rate of St. + SSt.^{1/}: 8.8% Percent OPT Plus Coverage: 0-59 months old 90.0%
Total # of LGUs: 14 0-59 mos: 7.6% # Indigenous PS measured: 0-59 months old 61597 0-71 months old: 341
Total # of LGUs with OPT Plus Results/Total # of LGUs: 100.0% Indigenous Group/s: *(Please specify)* Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Subanen

Age Group (1)	Length/Height for Age Status											Total, by age group							
	Normal (N)		Stunted /Short (St)		Sev Stunted (SSt)		Tall (T)		TOTAL			Total N		Total St		Total SSt		Total T	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev (%)	No	Prev (%)	No	Prev (%)	No	Prev (%)
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)
0-5 months (R1)	21,630	20,536	640	397	283	201	1,680	1,786	24,233	22,920	47,153	42,166	89.4	1037	2.2	484	1.0	3466	7.4
6-11 months (R2)	20,431	19,590	964	617	423	297	1,139	1,206	22,957	21,710	44,667	40,021	89.6	1581	3.5	720	1.6	2345	5.2
12-23 months (R3)	43,319	41,720	2,973	2,215	1,226	908	1,985	1,781	49,503	46,624	96,127	85,039	88.5	5188	5.4	2134	2.2	3766	3.9
24-35 months (R4)	45,973	43,519	3,342	2,869	1,209	883	1,008	1,050	51,532	48,321	99,853	89,492	89.6	6211	6.2	2092	2.1	2058	2.1
36-47 months (R5)	47,284	44,611	3,911	3,523	1,014	968	350	327	52,559	49,429	101,988	91,895	90.1	7434	7.3	1982	1.9	677	0.7
48-59 months (R6)	48,262	45,053	3,593	3,314	1,008	842	164	145	53,027	49,354	102,381	93,315	91.1	6907	6.7	1850	1.8	309	0.3
60-71 months (R7)	823	865	278	222	123	84	0	5	1,224	1,176	2,400	1,688	70.3	500	20.8	207	8.6	5	0.2
Total (R8)																			
0-59 mos	226,899	215,029	15,423	12,935	5,163	4,099	6,326	6,295	253,811	238,358	492,169	441,928		28,358		9,262		12,621	
0-71 mos	227,722	215,894	15,701	13,157	5,286	4,183	6,326	6,300	255,035	239,534	494,569	443,616		28,858		9,469		12,626	
Prev (%) (R9)																			
0-59 mos	89.4	90.2	6.1	5.4	2.0	1.7	2.5	2.6	51.6	48.4			89.8		5.8		1.9		2.6
0-71 mos	89.3	90.1	6.2	5.5	2.1	1.7	2.5	2.6	51.6	48.4			89.7		5.8		1.9		2.6

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R8) - refers to the sum of preschoolers by nutritional status for children 0-59 months and 0-71 months; c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos. & 0-71 mos.

1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 10.714% x Total Population

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

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Date: 29-Dec-20

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OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Revised February 2019 Page 3 of 3

Total Popn of Region: #####

Source/Yr.: PSA

Estimated No. of PS: 0-59 months old^{2/} **547,148**

Year OPT Plus: **2020**

Actual No. of PS measured: 0-59 months old **492,169**

0-71 months old: **494,566**

Region: **X**

CY 2019

Prevalence Rate W + SW ^{1/}: **3.0%**

Percent OPT Plus Coverage: 0-59 months old **90.0%**

Total # of LGUs: **14**

0-59 mos: **2.3%**

Indigenous PS measured: 0-59 months old **61597**

0-71 months old: **341**

Total # of LGUs with OPT Plus Results/Total # of LGUs: **100.0%**

Indigenous Group/s: *(Please specify)* Higa-onon, Talaandig, Manobo, Matigsalo, Tigwahanan, Sube

Age Group (1)	Weight for Length/Height Status													Total, by age group									
	Normal (N)		Wasted (W)		SevWasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL		Total N		Total W		Total SW		Total OW		Total Ob		
	Boys (2)	Girls (3)	Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Total (14)	No (15)	Prev (%) (16)	No (17)	Prev (%) (18)	No (19)	Prev (%) (20)	No (21)	Prev (%) (22)	No (23)	Prev (%) (24)
0-5 months (R1)	22,350	21,359	451	336	294	262	655	562	483	401	24,233	22,920	47,153	43,709	92.7	787	1.7	556	1.2	1217	2.6	884	1.9
6-11 months (R2)	21,715	20,708	480	324	239	190	330	295	193	193	22,957	21,710	44,667	42,423	95.0	804	1.8	429	1.0	625	1.4	386	0.9
12-23 months (R3)	47,351	44,836	1,029	737	451	319	419	495	253	237	49,503	46,624	96,127	92,187	95.9	1766	1.8	770	0.8	914	1.0	490	0.5
24-35 months (R4)	49,509	46,671	956	820	334	252	443	359	290	219	51,532	48,321	99,853	96,180	96.3	1776	1.8	586	0.6	802	0.8	509	0.5
36-47 months (R5)	50,760	47,921	883	786	246	169	400	341	270	212	52,559	49,429	101,988	98,681	96.8	1669	1.6	415	0.4	741	0.7	482	0.5
48-59 months (R6)	51,454	48,080	698	583	158	143	402	326	315	222	53,027	49,354	102,381	99,534	97.2	1281	1.3	301	0.3	728	0.7	537	0.5
60-71 months (R7)	1,128	1,097	41	31	15	18	20	21	17	9	1,221	1,176	2,397	2,225	92.8	72	3.0	33	1.4	41	1.7	26	1.1
Total (R8)																							
0-59 mos	243,139	229,575	4,497	3,586	1,722	1,335	2,649	2,378	1,804	1,484	253,811	238,358	492,169	472,714		8,083		3,057		5,027		3,288	
0-71 mos	244,267	230,672	4,538	3,617	1,737	1,353	2,669	2,399	1,821	1,493	255,032	239,534	494,566	474,939		8,155		3,090		5,068		3,314	
Prev (%) (R9)																							
0-59 mos	95.8	96.3	1.8	1.5	0.7	0.6	1.0	1.0	0.7	0.6	51.6	48.4			96.0		1.6		0.6		1.0		0.7
0-71 mos	95.8	96.3	1.8	1.5	0.7	0.6	1.0	1.0	0.7	0.6	51.6	48.4			96.0		1.6		0.6		1.0		0.7

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b)Total (R8) - refers to the sum of preschoolers by nutritional status for children 0-59 months and 0-71 months; c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos. & 0-71 mos.

1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 10.714% x Total Population

Use WEIGHT-FOR-LENGTH for 0-23 months old preschool children and WEIGHT-FOR-HEIGHT for 24-60 months old preschool children.

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

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Date: 29-Dec-20

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OPT Plus Form 4B. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019

Region: X

Total Population: 4,689,302 Source & Yr: PSA 2015

Regional Prevalence Rates from Previous Year: CY 2019
Wt. for Age 3.6% L/H for Age 8.8% Wt for L/Ht 3.0%

OPT Plus Year: 2020 No. of Indigenous Groups Measured: 61,597

Current Regional Prevalence Rates: (0-59 months)
Wt. for Age 3.2% L/H for Age 7.6% Wt for L/Ht 2.3%

Province/Independent City	Total Number of Cities/Municipalities	Number of Cities/Municipalities with OPT Plus Results	Total Number of Barangays	Number of Barangays with OPT Results	Estimated # of Preschoolers 0-59 months old	Actual # of Preschoolers Measured (0-59 mos)		Actual # of Indigenous PS Measured (0-59 mos)	
						Weight	Height	Weight	Height
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
Bukidnon Province	20	20	387	387	143,005	120,307	120,307	30,767	30,767
Cagayan de Oro City	1	1	80	80	78,628	73,077	73,077	5,719	5,719
Camiguin Province	5	5	58	58	9,870	7,382	7,382	0	0
El Salvador City	1	1	15	15	6,907	6,086	6,086	0	0
Gingoog City	1	1	79	79	15,193	13,496	13,497	1,827	1,827
Iligan City	1	1	44	44	45,216	36,493	36,493	2,281	2,281
Lanao del Norte Province	22	22	462	462	88,801	75,921	75,921	220	220
Malaybalay City	1	1	46	46	22,968	18,197	18,200	7,286	7,289
Misamis Occidental Province	14	14	337	337	33,180	24,474	24,474	2,226	2,226
Misamis Oriental Province	23	23	330	330	91,867	70,275	70,275	6,693	6,693
Oroquieta City	1	1	47	47	7,537	5,022	5,022	266	266
Ozamiz City	1	1	51	51	16,753	11,807	11,807	386	386
Tangub City	1	1	55	55	7,048	5,924	5,924	721	721
Valencia City	1	1	31	31	19,722	23,340	23,340	3,539	3,539
TOTAL	93	93	2,022	2,022	586,695	491,801	491,805	61,931	61,934

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